



10 Years of Safer Climbing.

MARCH 2026

Ladder Safety At Home

Changing light bulbs around the house? Trying to get that glass down from the top shelf in the kitchen? Ladders are constantly used around the home and more often than not, they're being used incorrectly.

Don't let a simple task put you out of commission with a serious injury. Ladder injuries are more common than you think:



136,118

Emergency room visits per year related to **ladder injuries**.



19,000

Emergency room visits per year from **high heel related injuries**.



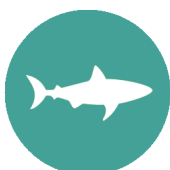
11,000

Injuries per year from **house fires**.



3,836

Emergency room visits per year from **microwaves**.



16

Shark attacks per year in the United States.



Find everything you need at laddersafetymonth.com

