Ladder Safety Webinar Series: Safety At The Top



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1: How to Choose a Ladder



2: Ladder Inspection and Set Up





[†] End Cap's and End Closure's positions differ by ladder models.

End Caps - completely cover the rail.

End Closures - partially cover the rail, leaving clearance for the mating ladder section.

3: Safety While Climbing

LADDER IDENTIFICATION LABELS

I.D. labels provide important information regarding each ladder's Model Number, Type, Duty Rating, Size, and Highest Standing Level.



Special Duty



Combined weight of user and material should not exceed duty rating

APPROXIM/	ATE M	IATEDIAL	WEIGHTS
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Bundle of shingles	70 lbs
5 gallon roof coating	70 lbs.
5 gallons paint	60 lbs.
Tool box with tools	35 lbs.
Portable sprayer	20 lbs.
Ceiling fan	30 lbs.
3 x 4 window	80 lbs.
Garage door opener	40 lbs.
Basketball hoop	60 lbs.
Sheet of plywood	80 lbs.
(3) 4 x 4's	80 lbs.



Safety At The Top

Ladder Safety Month

March 2022

Basic Ladder Safety 101



- Wear shoes that have non-slip soles.
- Make sure they are free of mud, oil, or anything slippery.

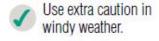


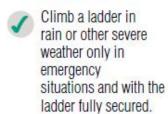
- Use fiberglass ladders if there is even a remote possibility of working near electricity or overhead power lines.
- Fiberglass side rails are electrically non-conductive.



- Be sure that all ladder feet are on firm, level ground. Solid footing is necessary for safe ladder use.
 - * Ladder shoes equipped with spur plates are for use on penetrable surfaces.
 - * Werner extension ladder shoes are designed to pivot for use on firm, nonslippery surfaces.







Have another person hold the ladder.



Check for and replace frayed or damaged electrical cords.

Use double insulated power tools as well as grounded cords and outlets.



Be careful if you use a tool belt. Make sure that tools do not catch on the ladder when climbing.



Basic Ladder Safety 101 🗱



Never position the ladder where it blocks foot traffic. work vehicles, or where it could be bumped by a door.

> If it is necessary to use a ladder in front of a door, lock or barricade the door and put up a caution sign.



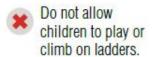
Never drop or throw ladders, doing so can damage or weaken them and cause serious injury to others.



Never place or use a ladder on slippery surfaces or on uneven ground that may cause an accident.



Never leave a ladder unattended. This may present a hazard to others in the area.





Never use any ladder that has been exposed to fire, acids, caustics or other strong chemicals. These may damage or weaken the ladder.



Don't move the ladder with materials on it. They may fall and cause damage or an injury.



Step Ladders



At The Top – DO



Do:

- Face ladder when climbing
- Maintain 3 points of contact
- Stay near middle Belt buckle in center
- Utilize accessories









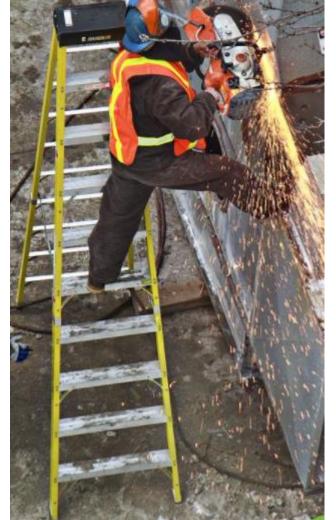
At The Top – DO NOT



Do Not:

- Use top two rungs
- "Walk" the ladder
- Face backwards
- Lean the ladder











Leaning Ladders







Podium Ladders







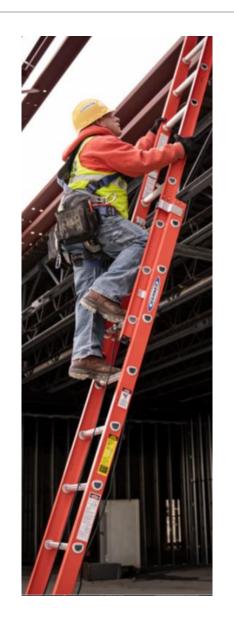


Extension Ladders – DO



Do:

- Face Forward
- Tie off the top of the ladder when accessing
- Extend 3' above the landing







At The Top – DO NOT



Do Not:

- Use top three rungs
- Face backwards
- Don't Reach! Keep belt between rails
- Carry excess tools



Multi-Use Ladders





Scaffold Brackets



Safety At The Top | Summary

- Choose the type of ladder based on your environment / surroundings.
- 2. Choose the *ladder height* based on where you need to reach and remember the rules for how high you can safely climb.
- 3. Remember where you can step **at the top** based on what ladder your using.
- 4. Know *limitations* on the different styles of ladders.
- 5. Ask for training!



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